

THE HEALING POWER OF MAGNETS

Magnet therapy is a recognised therapeutic science in which magnets are placed on various parts of the body to produce a change in the polarity of the cells which make up the part being treated. Magnet therapy helps the body to regain health and energetic balance often where other therapies have failed and it produces no serious side effects when used correctly.

Magnet therapy gives good results in acute and chronic health problems as well as being cheap to use and readily available for pain control and other symptoms of disease. When the body is injured the site of the injury itself instantly starts to produce negative ions specifically designed to help the body repair the damage which activates the innate mechanisms and processes with which it heals itself.

The Negative magnetic field [-] is equivalent to the North Pole and to negative ions whilst the Positive magnetic field [+] is equal to the South pole and positive ions. The North Pole is for calming and sedation purposes whilst the South Pole is for stimulation and tonification of tissues.

Application of the North pole negative magnetic field which sedates and calms tissue function mimics perfectly the natural healing processes in the Human body and this will in turn produce both an energising and stimulating/ tonifying affect on health overall. Bearing in mind that most illnesses relate to the generation of South Pole positive magnetic energy fields and over stimulation in the body, this pole is rarely applied on its own in healing work specifically because of this reason.

The magnets are set up to match the magnetic polarity of the earth and are colour coded as follows:

Blue	North Pole	Sedate	Negative [-] Polarity	Anti Clockwise Spin
Red	South Pole	Tonify	Positive [+] Polarity	Clockwise Spin

The circular flat ring magnets are high powered at approximately 1000 Guass and are normally used in pairs for treatment work. They are enclosed in plastic covers for durability and longer life. For health giving properties magnetise drinking water using opposite poles by placing the North Pole on the bottom of the water container and the South Pole at the top and leave in position for as long as possible before consumption of the water.

The North Pole of the magnets will unlock or disable an Agonist muscle in contraction when placed on the muscle belly whilst it will lock or enable the opposite Antagonist muscle in extension e.g. Biceps & Triceps and Deltoid & Rhomboid Muscles. In relation to Kinesiology treatments the magnets can be used to treat Blood pressure problems and their effect may be amplified by the use of specific crystals placed inside the covers

In September 2005 at Keele University UK, Cyberkinetics was honoured when Alan Sales received the award: "For a most outstanding contribution to the growth and development of Kinesiology through the discovery and introduction of a new concept and system."